



SURVIVORS OF SUICIDE LOSS SUPPORT GROUP

*An in-person and on-line gathering for those
who have experienced a death due to suicide.*

LIFT-ringgold.org/suicideloss

Parents, siblings, friends... the grief process for this depth of loss is very unique and profound. In each session you will find compassion, understanding and resources to help you move through your grief. There will be opportunities to tell your own stories, or just to listen as others share so that together we can encourage one another. The group will be co-led by Sally Ensley, a former grief counselor, and Julianne Miller, a parent whose child died by suicide. They have partnered with Michael Hastilow, M.S., who will join the group on-line as a Mental Health Advisor.

GROUPS WILL BE HELD IN PERSON AT LIFT YOUTH CENTER TWICE A MONTH:

- **THE FIRST MONDAY NIGHT OF THE MONTH,
7-8PM**
- **THE THIRD SUNDAY NIGHT OF THE MONTH
FROM, 7-8PM**



7197 Nashville Street
Ringgold, GA 30736

If you have questions or need more info please contact Lead Facilitator,
Sally Ensley at 423-605-6061 or email sallyensley@gmail.com

If you would like to join the group via a smart phone or computer, **contact Sally by 5pm**
the day of the meeting to obtain the virtual code to join the on-line meeting.

*LIFT Youth Center is
honored to host this group
in cooperation with:*

**The Catoosa County Family Collaborative
The Catoosa County Coroner's Office
Ringgold United Methodist Church**